

Bible Study - Rooted

Knowing What You Believe and Why It Matters

A Christian Worldview Bible Study

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With the word “*spiritual*” being used so loosely in today’s culture, how can we know what’s true — and what we believe as Christians?

Today, we’re going to look at the foundational roots of Christianity and explore why we believe what we believe.

Let’s take a moment to seek God and ask Him to reveal His very nature to us — and to show us why we can trust that His Word is true.

Discussion Questions

Opening Questions

- Were you raised in the Christian faith, or did you come to it later?
- Either way, when did it become real for you personally?

What Do You Believe?

Read 1 Peter 3:15

- Do you feel prepared to “give an answer” in regard to what you believe?
- How would you explain your faith to someone who's never been to church?

Let's Dig In

What do Christians Believe?

There are solid, time-tested reasons behind what Christians believe — and the best part is, God didn't ask us to follow blindly.

Let's dig in using Google and other trusted sources to explore some of the core truths of the Christian faith and discover why they still stand strong today.

- The Holy Bible
- The Trinity: God the Father, Jesus Christ, the Son & the Holy Spirit
- Jesus born of a virgin
- Forgiveness of sins (repentance)
- Water Baptism
- Baptism of the Holy Spirit
- The Lord's Supper
- Satan and hell are real
- Heaven
- The second coming of Jesus

Why Do You Believe It?

Read 2 Timothy 3:14-17

Paul urges Timothy to remain grounded in what he's learned — not just because he's heard it, but because it's been confirmed by both Scripture and trusted mentors in his life.

- How do you know your beliefs are true—not just inherited or emotional?
- Have you ever questioned your faith?
- Where do you go when you're doubting or seeking answers about your relationship with God?

Faith That Is Grounded

Read Colossians 2:6-8

Paul warns about being taken captive by “hollow and deceptive philosophy” and urges believers to be rooted in Christ.

- What are some popular ideas today that challenge the Christian worldview?
- How can we respond with grace and truth when people question our faith?

Thank you!

Thank you for joining us on this journey of discovering and deepening your faith. It takes courage to ask questions and seek truth, and we're grateful to walk alongside you as you learn to trust what you believe about Jesus Christ and the hope we have in Him.

Blessings,

Erin